

Nicole's Yoga Center, LLC

Class Schedule

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
7:00 a.m.			Yoga 1 with weight		Yoga 2 Fast Kundalini	
7:30 a.m.						
9:30 a.m.	YogaPilates	Yoga 1	Yoga 2		Yoga 1	Yoga 2
11:00 a.m.	Restorative		Restorative		Private Class Available	Yoga 1

5:30 p.m.		Yoga 1	Yoga 2	Restorative	Yoga Party (Call for Appt)	
7:00 p.m.	Yoga 2	Yoga 2 Fast Kundalini	Yoga 1	Yoga Pilates		
8:30 p.m.				Yoga 1		Special

For more information on any of the listed classes or to register for a class, please go to www.nicolesyogacenter.com or send an email to nicolesyogacenter@gmail.com.